Tain Menu

Small Plates

Snack, share or nibble!

Fish+Goujons | 9.75

Served with tartare sauce and a wedge of lemon 555 kcal

Chicken Goujons | 9.50

Southern fried chicken tenders coated in mix of spices served with a jalapeño jelly dipping sauce 531 kcal

Mezze Plate | 10.25

Smashed avocado, hummus, rosemary focaccia, halloumi fries with oil and balsamic vinegar 818 kcal

Halloumi Chips V | 9.00

Spiced halloumi fries, seasoned with chilli and pepper, served with jalapeño jelly 418 kcal

Navigator Nachos V | 11.00

Perfect for sharing! Crispy salted nachos served with smashed avocado, sliced jalapeños, tomato & chilli relish and grated Cheddar cheese 1069 kcal

Add a topping | 2.75

Chorizo +208 kcal | BBQ Chicken +69 kcal

Sandwiches & Salads

Perfect for a light lunch or early supper!

Wiltshire Ham & Cheddar Cheese Toastie | 11.00

Served between bloomer bread with a side of chips 1073 kcal

Cheddar Cheese & Tomato Toastie 10.25

Served between bloomer bread with a side of chips 987 kcal

Fish Finger Sandwich⁺ | 13.50

Served on brown bread with tartare sauce, gem lettuce and a side of chips 1218 kcal

Chicken & Chorizo Open Sandwich | 12.75

Slices of spicy chicken breast, chorizo and garlic aioli on toasted white bread, topped with fresh rocket and served with a side of chips 1133 kcal

Chicken Caesar Salad | 15.00

A classic mix of grilled chicken breast, baby gem lettuce, shaved Gran Levanto cheese, rosemary focaccia croutons and Caesar dressing 508 kcal

Without chicken V 410 kcal | 12.00

All Day Brunch

Vegetarian Full English 0 | 12.00

Two vegetarian sausages, smashed avocado, roasted peppers and a slow roasted tomato with chips and your choice of fried eggs 791 kcal or scrambled eggs 732 kcal

Classic Brunch | 15.50

Two Cumberland sausage, two back bacon rashers, baked beans and a slow roasted tomato with chips and your choice of fried eggs 1076 kcal or scrambled eggs 1017 kcal

Adults need around 2000 kcal a day.
We advise you to speak to a member of staff if you have any food allergies or intolerances. Full allergen information relating to our menu items can be found at www.restaurantallergens.com/Navigator.



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Jain Menu

Burgers

All of our burgers are served in a seeded bun and come with a pot of chips on the side

Cheese & Bacon | 15.75

Our classic beef burger topped with bacon, melted Cheddar cheese, lettuce, sliced tomato, tomato & chilli relish and mayonnaise 1288 kcal

BBQ Chicken & Bacon* | 16.25

Grilled chicken breast, melted Cheddar cheese, back bacon, BBQ sauce, lettuce, sliced tomato, tomato & chilli relish and mayonnaise 1205 kcal

The Navigator | 16.75

Our classic beef burger topped with jalapeño jelly, bacon mayonnaise, back bacon, chorizo, melted Cheddar cheese, sliced tomato and lettuce 1397 kcal

Vegan Beetroot & Quinoa @ | 14.50

A soft beetroot & quinoa patty with hummus, smashed avocado and slaw 1199 kcal

*For every BBQ Chicken & Bacon Burger sold we'll donate 50p to 'The School Zambia', a UK charity that exists to support schools in Zambia and their pupils. To find out more visit www.schoolclubzambia.org

Pizza

Margherita 0 | 12.75

Topped simply with a herby tomato sauce, mozzarella cheese and oregano 1058 kcal

Ham & Cheese | 13.25

Wiltshire ham, mozzarella cheese and oregano 1096 kcal

Chicken, Chorizo & Chilli | 13.75

Mozzarella cheese, chicken, chorizo, red chillies, oregano and sliced jalapeño peppers 1228 kcal

Sides

Chips 6 400 kcal 4.25

Battered Onion Rings V 468 kcal | 4.25

Garlic Pizza Bread © 1032 kcal | 6.25

Garlic Pizza Bread with Cheese V 1176 kcal 6.75

Mixed Leaf Salad & Pineapple Dressing © 21 kcal | 4.75

Desserts

Sweet tooth? Traditional and delicious desserts to hit the spot!

Ice Cream **()** | 6.50

Three scoops of your favourite flavour to mix & match! Choose from: Vanilla 83 kcal | Chocolate 85 kcal | Strawberry 84 kcal Warm Chocolate Brownie **2** 8.75

Served with vanilla ice cream and chocolate sauce 841 kcal