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SMALL PLATES

Snack, share or nibble!

Basket of Battered Fish + 9.25

Delicious fish goujons
served with tartare sauce &
a wedge of lemon 467 kcal

Chicken Goujons 538 kcal | 9.25
Southern fried chicken tenders
coated in mix of spices served with
a tangy nuoc cham dipping sauce

Halloumi Chips 592 kcal | 9.25

Spiced halloumi fries, seasoned
with lime pepper & served with
jalapeño jelly

Mezze Plate 725 kcal | 10.25
Smashed avocado, humous,
rosemary Focaccia, halloumi fries
with balsamic vinegar & olive
oil dip

SANDWICHES & SALADS

Perfect for a light lunch or early supper!

Classic Toasties | 10.25

Served between bloomer bread
with chips on the side

Choose from:

Wiltshire ham &
Cheddar cheese 1022 kcal

Cheddar cheese &
tomato 932 kcal

Fish Finger Sandwich

1023 kcal + | 11.95
Served on brown bloomer with
tartare sauce, gem lettuce & chips

Chicken & Chorizo Open Sandwich

12.75

Slices of spicy chicken breast,
chorizo & garlic aioli on toasted
bloomer bread, topped with a
garnish of fresh rocket. Served
with a side of chips 1093 kcal

Chicken Caesar Salad 488 kcal | 14.75

A classic mix of grilled chicken
breast, baby gem lettuce, shaved
Gran Levanto cheese, rosemary
Focaccia croutons & Caesar
dressing

Without chicken 391 kcal | 11.95

PIZZA

Margherita Pizza 1059 kcal | 12.45
Topped simply with a herby tomato sauce, tomatoes,
mozzarella cheese & oregano

Wiltshire Ham & Cheese 1097 kcal | 13.25
Wiltshire ham, mozzarella cheese and oregano

Chicken, Chorizo & Chilli 1227 kcal | 13.25
Mozzarella cheese, chicken, chorizo, red chillies,
oregano & sliced jalapeño peppers

CLASSICS

*Classic traditional dishes we
just couldn't live without!*

Vegetarian Full English | 11.75

Fried 941 kcal or scrambled 1015 kcal eggs,
two vegetarian sausages, roasted peppers,
slow roasted tomatoes, smashed avocado
& chips

Classic Brunch | 15.45

Two Cumberland sausages, two back bacon
rashers, tomato, your choice of fried 1101 kcal Or
scrambled 1175 kcal eggs, baked beans & chips

Hand Battered Fish 901 kcal + | 15.75
Encased in a light and golden beer
batter, served with mushy peas, chips and
tartare sauce

Mac & Cheese 790 kcal | 12.45

Pasta tubes baked in bubbling hot
cheese sauce

Add crispy bacon +92 kcal | 1.90

Bangers & Mash 1033 kcal | 14.75

Three Cumberland sausages, served on a
bed of creamy mashed potato topped with
three onion rings and onion gravy

+ Fish dishes may contain small bones. These products do not contain any
meat or fish. These dishes are made from ingredients that do not contain
animal products. Not all ingredients are shown in the dish descriptions. All
dishes on this menu are subject to ingredient availability. We follow good
hygiene practices in our kitchens, but due to the presence of allergenic
ingredients in some products, there is a small possibility that allergen traces
may be found in any menu item. We advise you to speak to a member of staff if
you have any food allergies or intolerances. Full allergen information relating
to our menu items can be found at www.restaurantallergens.com/Navigator.
Adults need around 2000 kcal a day. The calorie information for our menu is
calculated from recipes, however, as all our dishes are prepared by hand, some
variation may occur. Guidance permits a +/-20% variance on published calorie
values. For latest calorie information please visit our website.

We value all feedback, please contact us at: TRG Concessions, 5-7
Marshalsea Road, London, SE1 1EP or email us at: concessions@trgplc.com.
We accept all major credit cards and currencies. Our prices include VAT at
the current rate. Gratuity is discretionary and all tips are kept by your server.
1939MAINMENU0223

BURGERS

Simply delicious!

*All of our burgers are served in a soft bun
& come with a pot of chips on the side*

Classic 1276 kcal | 14.45

Our classic beef burger crafted
of prime mince & topped with
iceberg lettuce, sliced tomato,
tomato & chilli relish
and mayonnaise

Add Cheddar cheese +82 kcal | 1.25

Cheese & Bacon

1420 kcal | 15.45

Our classic beef burger topped
with bacon, melted cheddar
cheese, iceberg lettuce, sliced
tomato, tomato & chilli relish
and mayonnaise

BBQ Chicken & Bacon*

1420 kcal | 15.95

Grilled chicken breast, melted
cheddar cheese, back bacon, BBQ
sauce, iceberg lettuce, sliced
tomato, tomato & chilli relish
and mayonnaise

SIDES

Chips 451 kcal | 4.25

Garlic Pizza Bread 1002 kcal | 4.25

Garlic Pizza Bread with Cheese 1146 kcal | 4.75

Battered Onion Rings 664kcal | 3.95

Mixed Leaf Salad & Pineapple Dressing 24 kcal | 4.75

DESSERTS

*Sweet tooth? Traditional and delicious
desserts to hit the spot!*

Ice Cream | 6.45

Three scoops of your favourite
flavour to mix & match! Choose
from vanilla 83 kcal, chocolate 90 kcal
and strawberry 84 kcal

Warm Chocolate Brownie 878 kcal | 8.75

Served with vanilla ice cream

*For every Chicken & Bacon Burger sold we'll donate 50p to 'The School
Zambia', a UK charity that exists to support schools in Zambia and their
pupils. To find out more visit www.schoolclubzambia.org

The Navigator's Choice

Ringwood

BREWERY

Established in 1978 and can be found on the edge of the
New Forest in Hampshire. Their specialties are cask ales
and artisan bottled beers. We thoroughly recommend!

Razor Back 3.6% - 500ml | 8.35

An ideal balance of hoppy happiness and tangy citrus,
this classic is plenty refreshing!

Boon Doggle 4.2% - 500ml | 7.45

This blonde ale is deliciously fruity affectionately
crafted to savour and satisfy

Forty Niner 4.9% - 500ml | 8.45

Premium golden craft ale. Forty Niner is bright and
full of rich flavours to please the most refined palate

Locally Sourced

SPIRITS

Conker, Dorset Dry Gin

*A refreshing take on a classic London Dry – well-balanced and
Juniper-led, with refreshing Dorset notes of elderberries, samphire
and hand-picked gorse flowers*

40% - 25ml | 6.20

Isle of Wight Distillery, Mermaid Gin

*Makes for the perfect G&T; smooth and refreshing with a citrus
zing, long finish and a hint of sea air*

42% - 25ml | 6.20

Black Cow, Dorset Vodka

*Made entirely from the milk of grass-grazed cows and
distilled on England's Dorset coast. Fresh whole milk makes an
exceptionally smooth vodka with a unique and creamy character*

40% - 25ml | 6.20

GIN

Nicholas Culpeper London Dry Gin

*Made in the world's first ever airport gin distillery,
this gin uses more than twice the quantity of botanicals
typically found in the spirit. An initial hit of juniper and
lemongrass followed by sweet cassia and cardamom. After
sipping there's light floral notes from the coriander seeds
and cloves. The complex and subtle combination of liquorice
and angelica root linger in the mouth*

40% - 25ml | 6.20



COCKTAILS

Sweet sippings to treat your needs

sparkle & SPRITZ

- Apple & Elderflower | 9.95**
Elderflower and Apple Liqueurs topped with Prosecco and a dash of Soda
- Blackberry & Raspberry | 10.75**
Blackberry and Raspberry Liqueurs topped with Prosecco and a dash of Soda
- Pear & Ginger | 10.75**
Pear and Ginger Liqueurs topped with Prosecco and a dash of Soda
- Aperol Spritz | 10.75**
The classic mix of Aperol, Prosecco and finished with a dash of Soda

specialist G & T's

- Hendrick's | 11.35**
Served with Fever-Tree Indian Elderflower Tonic with Cucumber and garnished with a fresh lime
- Tanqueray Sevilla | 11.35**
Served with Fever-Tree Indian Tonic and garnished with a fresh orange wedge
- Whitley Neill Rhubarb & Ginger | 11.35**
Served with Fever-Tree Indian Rhubarb Tonic with Hibiscus and garnished with a fresh lime
- Beefeater Pink | 11.35**
Service with Franklin & Sons Indian Tonic and garnished with fresh sliced strawberry

Classic PICK ME UPS

- Bloody Mary | 11.65**
A spicy fusion of Smirnoff vodka and tomato juice with lemon juice and Worcestershire sauce. Add Tabasco, salt or pepper to taste
- Mimosa | 9.25**
Add a little sparkle with this classic combination of Prosecco and orange juice

CORKS

Where there's wine, there's a way

WHITE

- Corte Vigna Chardonnay Italy** 7.80 / 9.10 / 23.75
Lemon freshness combined with peachy roundness
- Altoritas Sauvignon Blanc Chile** 8.65 / 10.25 / 27.95
Bright and refreshing with gentle notes of gooseberry and lemon fruit
- Pontebello Pinot Grigio Italy** 9.45 / 11.65 / 32.45
Fresh with notes of ripe peach and citrus, and a touch of richness
- Cullinan View Chenin Blanc South Africa** 9.65 / 11.30 / 30.25
Deliciously fresh and creamy with a peachy fruit character

RED

- Corte Vigna Merlot Italy** 7.75 / 9.15 / 23.75
Upfront briary fruit flavours alongside soft vanilla tones
- Berri Estates Shiraz Australia** 8.65 / 10.25 / 27.95
Medium-bodied and fruity with raspberry, cherry & plum flavours
- Granfort Cabernet Sauvignon France** 9.45 / 11.65 / 32.45
Classic blackcurrant aromas and flavours, balanced with a soft, tannic finish
- Los Romeros Malbec Chile** 9.65 / 11.35 / 30.25
Concentrated with dark & red fruits and spicy undertones

ROSÉ

- Vendange White Zinfandel USA** 8.65 / 10.25 / 27.95
Off-dry with delicious strawberry aromas and a zingy freshness
- Belvino Rose Pinot Grigio Italy** 9.65 / 11.35 / 30.25
Slightly drier in style, full of fresh summer berry fruit aromas

FIZZ

- Il Baco Da Seta Prosecco Italy** 9.25 / 35.75
Fine bubbles and delicate, ripe fruity aromas
- Louis Dornier Brut France** 13.00 / 50.25
A light, fresh, youthful Champagne with a long, crisp finish
- Chapel Down Vintage Reserve England** 57.55
Lively and refreshing with good depth and tropical fruit aromas

125ml glasses available on request



CAPS & CANS

Land of hops & glory

CRAFT

- Brewdog Nanny State** 20 kcal 0.5% - 330ml 6.45
- Brewdog Punk IPA** 5.4% - 330ml 6.75
- Fourpure Session IPA** 4.2% - 330ml 6.45
- Bellfield Bohemian Pilsner** 4.5% - 330ml 7.45

TRADITIONAL

- Corona** 4.5% - 330ml 5.95
- Budweiser** 4.5% - 330ml 5.95
- Peroni** 5.0% - 330ml 6.25
- Doom Bar** 4.3% - 500ml 6.95

CIDER

- Rekorderlig Cider** 500ml 6.95
- Choose from:
Wild Berries 4.0% / Strawberry & Lime 4.0% / Apple 4.5%

TAPS

Visit the bar for our great line-up of draught cider and beer

SOFT DRINKS

- Cawston Press Apple & Rhubarb** 85 kcal 330ml 4.25
- San Pellegrino Limonata** 133 kcal 330ml 3.95
- San Pellegrino Aranciata** 126 kcal 330ml 3.95
- Gingerella** 135 kcal 4.75
- Juices** 3.25
Orange 121 kcal / Apple 120 kcal / Pineapple 139 kcal / Tomato 51 kcal / Cranberry juice drink 123 kcal
- Coca-Cola** 133 kcal 4.25
- Diet Coke** 1 kcal / **Coke Zero** 1 kcal / **Sprite Zero** 3 kcal 3.95
- Still / Sparkling Water** 0 kcal 2.75

HOT DRINKS

- Espresso** Single 1 kcal 2.95
Double 2 kcal 3.75
- Macchiato** Single 5 kcal 2.95
Double 10 kcal 3.75
- Americano** 13 kcal 3.75
- Cappuccino** 134 kcal 3.75
- Caffe Latte** 145 kcal 3.75
- Mocha** 185 kcal 4.25
- Flat White** 97 kcal 3.75
- Hot Chocolate** 245 kcal 4.25
With cream
- Pot Of Tea** 0 kcal 2.95
- Fruit Tea** 0 kcal 2.95

Soya or almond alternatives and decaf also available

Adults need around 2000 kcal a day