

Go Contactless

navigatorboh.com

Scan here to order and pay online
OR use contactless card payment



Morning COCKTAILS

Bloody Mary | 11.65

A spicy fusion of Smirnoff vodka, tomato juice, lemon juice and Worcestershire sauce. Add Tabasco, salt or pepper to taste

Mimosa | 9.25

Add a little sparkle with this classic combination of Prosecco and orange juice

NAVIGATOR CLASSICS

Hearty & traditional, a great kick start to your day!

Navigator's Choice

The Works | 14.75

Two Cumberland sausages, two back bacon rashers, your choice of fried 1070 kcal or scrambled 1145 kcal eggs, tomatoes, baked beans, hash browns & toasted bloomer bread

Breakfast Butty | 8.45

All served on white bloomer bread

Choose from:

Cumberland sausage 680 kcal

Veggie sausage 526 kcal

Back bacon 529 kcal

Fried egg 574 kcal

Full English | 11.75

Cumberland sausage, back bacon, fried 726 kcal or scrambled 915 kcal egg, baked beans, tomato & toasted bloomer bread

Vegetarian Full English | 11.75

Fried 795 kcal or scrambled 984 kcal egg, two vegetarian sausages, hash browns, smashed avocado, roasted peppers, slow roasted tomatoes and toasted bloomer bread

Full Works

Butty 689 kcal | 10.25

Have it all! Filled with a Cumberland sausage, back bacon and a fried egg

EGGS

Eggs on Toast | 8.25

Free range scrambled 650 kcal or fried 575 kcal eggs on white or brown bread

Ask to swap to our

gluten free bread -221 kcal

Add smoked salmon +76 kcal | 3.55

Add back bacon +123 kcal | 2.45

Omelette | 10.75

A three egg omelette served with cubed potatoes, a slow roasted tomato and filled with your choice of:

Cheddar cheese & Wiltshire ham 670 kcal

Cheddar cheese & tomato 638 kcal

SOMETHING SMALLER

Something good to boost your morning!

Nut Granola 405 kcal | 6.95

With strawberries, blueberries, vanilla yoghurt & blossom honey

Smashed Avocado on Toast 426 kcal | 10.25

With feta, mint and olive oil
Add smoked salmon +76 kcal | 3.55

Fresh-Baked

PASTRIES

Croissant with Butter 443 kcal | 3.25

Selection of Danish Pastries 325-440 kcal | 3.75

Traditional
PORRIDGE

5.75

We only use the finest rolled porridge oats, perfect plain & simple, made with your choice of water 184 kcal, semi-skimmed milk 304 kcal or soya 266 kcal. Add the following toppings:

Banana & honey +97 kcal | 95p

Banana, seeds, strawberries & honey +132 kcal | 1.45

TOASTIES

10.25

Served between bloomer bread with cubed potatoes

Choose from:

Wiltshire ham & Cheddar cheese 882 kcal

Cheddar cheese & tomato 792 kcal

Buttermilk
PANCAKES

9.75

Choose from:

Bacon & maple flavour syrup 545 kcal

Banana, fresh strawberries & vanilla yoghurt 476 kcal

SOFTS

Cawston Press Apple & Rhubarb 85 kcal 330ml 4.25

San Pellegrino Limonata 133 kcal 330ml 3.95

San Pellegrino Aranciata 126 kcal 330ml 3.95

Gingerella 135 kcal 4.75

Juices 3.25

Orange 121 kcal / Apple 120 kcal / Pineapple 139 kcal / Tomato 51 kcal / Cranberry juice drink 123 kcal

Coca-Cola 133 kcal 4.25

Diet Coke 1 kcal / Coke Zero 1 kcal / Sprite Zero 3 kcal 3.95

Still / Sparkling Water 0 kcal 2.75

HOT DRINKS

Espresso *Single 1 kcal 2.95* *Double 2 kcal 3.75* **Flat White 97 kcal 3.75**

Macchiato *Single 5 kcal 2.95* *Double 10 kcal 3.75* **Hot Chocolate 245 kcal 4.25**

Americano 13 kcal 2.95

Cappuccino 134 kcal 3.75

Caffe Latte 145 kcal 3.95

Mocha 185 kcal 4.25

Soya or almond alternatives and decaf also available

The NAVIGATOR

— Pub & Dining —

These products do not contain any meat or fish, however we do not have dedicated preparation or cooking areas within our kitchens for vegetarians food. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff in our restaurants if you have any food allergies or intolerance. Full allergen information relating to our menu items can be found at www.restaurantallergens.com/Navigator. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For latest calorie information please visit our website. TRG Concessions only use RSPCA Assured™ shell eggs in our restaurants. This means we use suppliers and farmers that adhere to the RSPCA welfare standard and have been checked by RSPCA assessors. We value all feedback, please contact us at: TRG Concessions, 5-7 Marshalsea Road, London, SE1 1EP or email us at: concessions@trgplc.com. We accept all major credit cards and currencies. Our prices include VAT at the current rate. Gratuity is discretionary and all tips are kept by your server. 1939BFSTMENU0223