














Key

	Suggested cycle route (traffic volumes may vary according to time of day)		On-road cycle lane
	Traffic-free cycle route		Local authority boundary
	Bridleway		Cycle parking / cycle shop
	Proposed Connect2 Project		Building
	Footpath (sections where you should walk your bike)		School
			Library

Miles 0 0.5 1 1.5 2
Kilometres 0 0.5 1 1.5 2

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Useful contacts

Bournemouth Airport Travel Plan Coordinator
T: 01202 364257

Bournemouth Airport Information Desk
T: 01202 364000
www.bournemouthairport.com

Sustrans
The UK's leading sustainable transport charity
T: 0117 929 0888
info@sustrans.org.uk
www.sustrans.org.uk

Traveline
Traveline is your one-stop-shop for public transport information, providing route and timetable information for all bus, rail and coach services across the UK
T: 0871 200 22 33
www.traveline.org.uk

Cyclescheme
Get up to 50% off a new bike – ask your employer to register. www.cyclescheme.co.uk

General cycling advice

You CAN cycle.....

- on bridleways and byways but you must give way to walkers and horse riders
- on canal towpaths but a British Waterways Permit is required
- on cycle tracks and bus lanes if the lane signs include a cycle symbol

You CANNOT cycle.....

- on a pavement or a footpath unless there is a right to do so
- on open land without the permission of the landowner
- at night without appropriate lights and reflectors

On all routes.....

Please be courteous! Always cycle with respect for other cyclists, motorists, pedestrians, people in wheelchairs and horse riders and acknowledge those who give way to you.

Cycling is a safe mode of transport. Accidents are rare but it pays to stay cycle safe

Be safe



- Make sure you clearly indicate your intentions to other road users and avoid putting yourself in a position where a mistake by others might put you at risk
- Ride assertively – claim your road space! Ride in a way that demands others give due recognition to your right to use the public road – this means don't ride too close to the kerb
- Follow the Highway Code (see www.direct.gov.uk)
- Practice – the more often you ride the more safe you're likely to be
- Watch out for parked cars, gutters, pedestrians and large vehicles
- Ensure that your clothing is not trailing and don't carry bags etc on the handlebars
- You may wish to wear a cycle helmet
- Ensure that your bike is well maintained

Be seen

- The law states that you must have at least two lights attached to your bike – a white light at the front and a red light at the rear
- Reflectors are also important so make sure that you have a white reflector on the front and a red one at the rear (have them fitted to your pedals too) and make sure that they're clean!
- Wear something fluorescent/bright so that you are seen during the day and reflective at night. There's a whole range of accessories available from high-viz jackets and vests to stickers and patches

Common signs

Some common road signs that you may come across when cycling through the area.

 No entry (for all vehicles including cycles)	 Motor vehicles prohibited (cycles permitted)
 No cycling	 Segregated route
 Route for use by pedal cycles only	 Shared route for cyclists and pedestrians together
 With flow cycle lane ahead	 Cycle lane
 Cycle route	 Cycle parking

When using traffic-free paths

- Slow down when approaching walkers or horses, pass slowly and give them plenty of room
- Cycle at a relaxed pace
- Where there is a white dividing line, keep to your side. Otherwise try to cycle on the left-hand side
- Remember that some people are hard of hearing or visually impaired. Do not assume everyone can see or hear you

Bournemouth Airport's Area Wide Travel Plan

The Travel Plan aims to reduce the number of single occupancy car trips to the site and to encourage car sharing, walking and cycling. Active travel plans can offer real benefits not only to an organisation and its employees, but also the community that surrounds it.

As part of the Travel Plan, Bournemouth Airport is working closely with the Local Authorities and cycling groups to improve cycle routes in the surrounding area.

If you would like to know about your travel options to either Bournemouth Airport or Aviation Park, please email the Travel Plan Coordinator at environment@bournemouthairport.com



Why cycle?

- Cycling can save you money
- Cycling improves your strength, stamina and aerobic fitness with little risk of over-exertion
- At 10 - 20mph door to door, it is the fastest travel mode in urban peak hours
- According to the British Medical Association (BMA), cycling five miles four times a week can cut risks of coronary heart disease by up to half. Regular activity also reduces chances of strokes, colon cancers and osteoporosis
- Riding your bike to work is a great way to make two aerobic workouts part of your daily routine
- Cycling produces no atmospheric pollution and virtually no noise
- Cycle instead of going by car and you'll help cut congestion
- Around three quarters of all journeys made in the UK are less than 5 miles. Many of these journeys could be made by bicycle